

For Immediate Release:
Contact: Marie Young/Director(Birth and Family
Health Center of The Effort) 410-0576
Steve LaRosa/Media Director/The Effort

Sacramento Agency On the Front Line Against Pregnancy Deaths

In a story from Time Magazine in partnership with
CNN—Dateline-Today...

<http://www.time.com/time/health/article/0,8599,1971633,00.html?hpt=Sbin>

...the headline states, "Too Many Women Dying in
the U.S. While Having Babies".

On a daily basis, The Birth and Family Health Center
of The Effort offers prenatal and postpartum care
including but not limited to well-woman care,
pregnancy counseling, pregnancy testing and free
gynecological exams as well as connecting
expectant mothers to community services.

While Birth and Family Health provides quality
medical care on site, we also facilitate care into
the hospital system for delivery.

Birth and Family serves over 5,000 women per year
in the underserved area of North Sacramento.

" All too often, because of budget cuts and other barriers,
pregnant women have difficulty accessing prenatal care .
At Birth and Family Health Center we are able to provide
women with temporary Medi-cal coverage and start

prenatal care the minute they walk in our doors. Access to care is essential in lowering maternal mortality rates."

--Marie Young/Director, Birth and Family Health Center of The Effort